

EYE ON THE FLEET
ATLANTIC



Atlantic Ocean (May 11, 2006) - Seaman Amanda Yager prepares a sailor's foot for operation aboard the Nimitz-class aircraft carrier USS Theodore Roosevelt (CVN 71), while Hospital Corpsman Jennifer Denson observes for training purposes. Roosevelt is currently under way maintaining qualifications as part of the Navy's Fleet Response Plan (FRP).

U.S. Navy photo by PHAN Steven Early

Flier

VOL. 17 NO. 12

NAVAL AIR STATION KEY WEST, FLORIDA



U.S. Navy photo by JO1 (SW) Trice Denny

Dragon-NAS Sailors head for the starting line at the Battle in the Bay May 13.

inside:

SAY CHEESE: Give your kids a beautiful smile for life11

GOING DOWN: Big 'O' becomes a reef after long career12

SEA THE WORLD: Take advantage of forward deployment to expand your horizons13

TRIBUTE AND SALUTE



MA1 (SW/AW) Frank D. Bruzzese passes through his sideboys as he goes ashore during his retirement ceremony May 10. Bruzzese, his friends, and his family celebrated 20 years of distinguished naval service during the ceremony at the Sigsbee community center.

U.S. Navy photo by JO1 (SW) Trice Denny

Battling boats

FROM NAS KEY WEST PUBLIC AFFAIRS

Over 60 Key West Sailors, Coast Guardsmen, and Department of Defense employees participated in May 13's Battle in the Bay Dragon Boat Races at the Truman waterfront to help raise money for Habitat for Humanity and other charities.

Exemplifying the community spirit of Battle in the Bay, the paddlers, 475 total, collectively raised over \$10,000 in pledges that benefit Big Brothers, Big Sisters, MARC House, Locks of Love, Habitat

see DRAGON BOATS page 14

INSIDE THIS WEEK
SEE PAGE THREE

NAS KEY WEST PUBLIC AFFAIRS OFFICE ★ ANNUAL HURRICANE EDITION

'TIS THE SEASON
hurricane information: **KNOW IT!**

Hurricanes, drinking and driving: Don't mix it

An alcohol-related motor vehicle crash kills someone every 30 minutes and causes non-fatal injuries to someone every two minutes. Impaired driving will affect one in three Americans in their lifetime.

Lee County, Fla. had 557 trauma alerts due to motor vehicle crashes from Oct 1, 2003 to Sept

30, 2004. 165 (34 percent) of these patients had alcohol on board. This data is from trauma alerts only and does not include routine motor vehicle crashes.



NAS Key West
DAPA

OSC (SW/AW)
Terrance Sims

The legal Blood Alcohol Concentration (BAC) limit is 0.08 for Florida. Impairment can result from any BAC above .00 and increases with the amount of alcohol consumed.

After just one drink, a driver can begin to lose the ability to perform the tasks necessary to drive a car: braking, steering,



changing lanes, and using judgment to adjust to changing road conditions.

According to the National Highway Traffic Safety Administration, studies show that the relative risk of being killed in a single vehicle crash for drivers with a BAC level between .05 and .09 is 11 times

that of drivers with .00 BAC level. Alcohol blocks the messages going to your brain and alters your perceptions, emotions, vision, hearing and coordination.

After just one drink, a driver can begin to lose the ability to perform the tasks necessary to drive a car...

During this hurricane evacuation season, think twice before choosing to overindulge in alcohol consumption. Hurricane parties centered around getting "smashed" could result in a very bad "crash."

Southernmost Flyer

COMMANDING OFFICER

Capt. James K. Scholl

EXECUTIVE OFFICER

Cmdr. Hans Liske

PUBLIC AFFAIRS OFFICER

James Brooks

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JO1 (SW) Trice Denny

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1st Annual Hurricane Preparation Fair



Hosted by
Hurricane Case Managers

May 24th 2006

In front of the Child Development Center, Sigsbee Park

Sponsored By



Don't Miss This FREE
Informative & Educational Program

1 - 2:30 p.m. Informational Speakers
2:30 - 5 p.m. Activities

Free Hurricane Information Packets!
Free games and activities for the kids!
Raffle and give aways !

Presentations By:

- ✓ Red Cross
- ✓ Wesley House
- ✓ Project Hope
- ✓ MWR Department
- ✓ Boys and Girls Club
- ✓ Child Development Center
- ✓ NAS Key West Fire Department



For Information Call (305) 293-4408 Daniela (X-23) or Lisa (X-10)
The Fleet and Family Support Center

Free anti-spyware for personal use

BY JO2 (SW/AW) JENNIFER GOULART

Naval Network Warfare
Command Public Affairs

NORFOLK, Va. (NNS) -- The Defense Information Systems Agency (DISA) has licensed free anti-spyware software for all government employees and armed forces personnel for use on personal computer systems.

According to the Federal Trade Commission's Web site at www.ftc.gov.

see **ANTI-SPYWARE** page 17

Command Religious Programs

May 23 - Declaration of the Bab (Baha'i)

May 25 - Ascension of Christ (Christian)

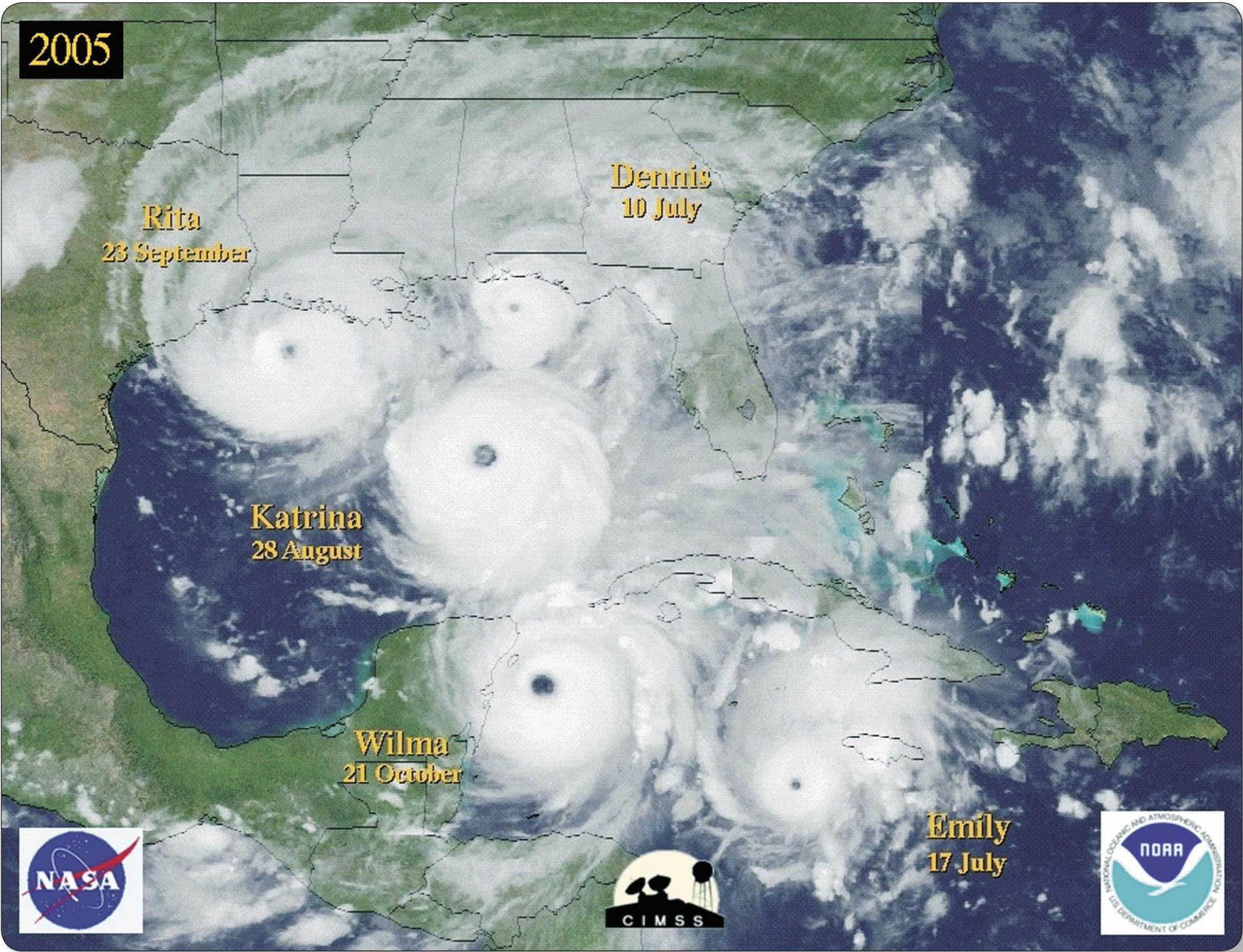
Sigsbee Community Center Protestant Programs

Contemporary Service -
Sundays 10 a.m.

Bible Study - Thursdays 7 p.m.

HURRICANE WOES

STILL BATTERED AND BRUISED FROM DENNIS, KATRINA, RITA & WILMA, KEY WEST PREPARES FOR 2006 SEASON



SPECIAL EDITION	4	Messages from the top	5	Meet the weather trackers	6	Know your hurricane facts	9	What to do and where to go

INTRODUCTION

The Keys' guide to 2006 season starts here...

BY AG1 ELISA SMITH

NLMOD Petty Officer in Charge

The 2005 hurricane season will go down as one of the most disastrous seasons on record. Numerous long-standing records were broken, including the costliest hurri-

cane on record when Hurricane Katrina struck South Florida and the middle Gulf Coast states at the end of August.

The 2005 hurricane season resulted in the most land-falls in the U. S. since 1985 and the first season that three hurricanes (Katrina, Rita and Wilma) intensified to Category 5! Additionally, 2005 was the first time four major hurricanes (Category 3 or higher) hit the U.S. coast.

Tropical Storm Alpha became the 22nd named storm of the 2005 hurricane season and the first time the National Hurricane

Center had to use the Greek Alphabet. The 27th and final named storm of the season, Tropical Storm Zeta, established a new record for the most named storms in one year in the Atlantic Basin.

This record-setting season proved to Floridians, as well as the nation, what a hurricane-vulnerable area we live in and how we can benefit from the lessons learned last year. Through our experiences and preparations we have learned that we can mitigate some of the unfortunate but enlightening challenges we face living in "hurricane alley."

2006 Seasonal Outlook

Adapted from Dr. William Gray's
2006 Tropical Storm Forecast

Hurricane season begins June 1 and top hurricane experts from the National Oceanic and Atmospheric Administration (NOAA) are predicting above average tropical activity for the 2006 hurricane season. NOAA's outlook calls for a potential 17 tropical storms, with nine reaching hurricane strength, and five reaching major hurricane strength (Category 3 or higher). The average is 10 tropical storms, six reaching hurricane strength, and two reaching

major hurricane strength.

Above average activity has been observed during seven of the past nine years and a continuation of this trend is expected.

This season will be an easterly Quasi-Biennial Oscillation (QBO) year. Low-latitude Atlantic hurricane activity is typically reduced in these seasons. Since 1995 and the enhanced activity that has followed, the QBO is not anticipated to significantly reduce or influence this season's activity.

With the possibility of an above average hurricane season occurring, all service members stationed in Key West should be prepared.

Involve the entire family in your plan

This is my third hurricane season in Key West and I, like everyone here, have learned a lot from the last two years. The key for weathering the season is early preparations, long before the first storm forms in the Atlantic Ocean.

This issue of the Southernmost Flyer contains a wealth of information to help you begin your own preparations. Additionally, there are many families who were here last year and have their own experiences to share. Preparations involve the entire family. It's impossible to predict what nature has in store for us this year. No one expected the magnitude of storm surge devastation from Hurricane Wilma and we are much wiser now.

When forecast storm conditions threaten our safety, an evacuation will be ordered as a

storm approaches. Evacuations are a fact of life in the Keys. Whether you're ordered to the Orlando "safe haven" or to hurricane shelters on base, you can't take everything with you. Personal property left behind may be damaged or destroyed. Your hurricane preparations this year should include a review of



NAS Key West
Commanding
Officer

CAPT. JAMES K.
SCHOLL

personal property insurance policies. If your car has a base decal, it's supposed to be insured. Residents in military housing should also protect personal belongings with renters insurance. Too many Sailors last year learned that hurricane loss claims against the government only covered a fraction of what they lost. Protect your personal belongings with insurance. It's well worth the affordable cost.

Some who were here last year still feel Hurricane Wilma's wrath through credit card debt. In the past, the Navy paid families to

evacuate and provided special allowances if families were displaced from hurricane-damaged homes, however, don't expect to make a windfall profit if government reimbursement is provided. The money given to you and your family is enough to provide temporary housing, meals and mileage. Watch what you spend and treat every expense as if you were paying for it out of your own personal budget. There's no guarantee the Navy will provide the same allowances and benefits as last year. Keep an eye on your expenses and pay the bills when they are due.

In the rush to evacuate, it's easy to lose focus and try to do too much. That's when accidents happen. Two years ago, a Navy family getting ready to evacuate nearly lost everything in an unattended cooking fire. Keep a focus on safety, especially when you're trying to evacuate. We want everyone to get through the 2006 storm season healthy.

Hurricanes, like all natural disasters, are a fact of life. Be prepared, know the plan, and respond calmly and safely.

insurance preparation.

Last year many people living in Key West learned a difficult lesson about the need for proper insurance when they saw firsthand the devastating effects of Hurricane Wilma. Many peo-

see **INSURANCE** page 8

Every hurricane is serious business

This hurricane season is forecast to be another active season. Depending on the storm forecast track and intensity, the commanding officer of NAS Key West, working in concert with local, county, and state officials, may order an evacuation of military members, government civilians, and their families.

An evacuation order needs to be taken very seriously. Evacuations must be done expeditiously, but safely. One of the most critical aspects of an evacuation is accounting for the whereabouts and well being of everyone.

NAS Key West's Evacuation Control Center (ECC) provides the vital link between the personnel who remain at the air station and evacuated personnel. A 24-hour watch is set up at Orlando's Navy and Marine Corps Reserve Center and manned by watchstanders from NAS Key West departments and tenant commands.

This watch will track the storm's progress and effects, coordinate communications, find the resources requested by the commanding officer, and many other tasks to ensure that evacuated personnel and their families are kept informed of the situation, and to assist in the return and recovery operations after the storm passes.

An accurate muster is essential to a quick recovery. The ECC needs to know the location and recall number of every evacuee. That information is essential because, depending on the specific damage caused by the hurricane, certain skill sets may be urgently needed to start repairs at the air station.

The ECC will contact the needed personnel, and coordinate their transportation back to NAS Key West. If we cannot quickly locate and contact these people, the recovery will be delayed.

Let your supervisor know your location at all times.

If we evacuate to Orlando, the safe haven offers many recreational opportunities for Sailors and their families.

Everyone is encouraged to take advantage of these opportunities and to spend time with family and friends when you're not working. Keep in mind that our mission is to safely evacuate, and then quickly recover the air station when ordered.

Until the commanding officer authorizes the return, keep in touch with your supervisor and stay safe.



NAS Key West
Executive Officer

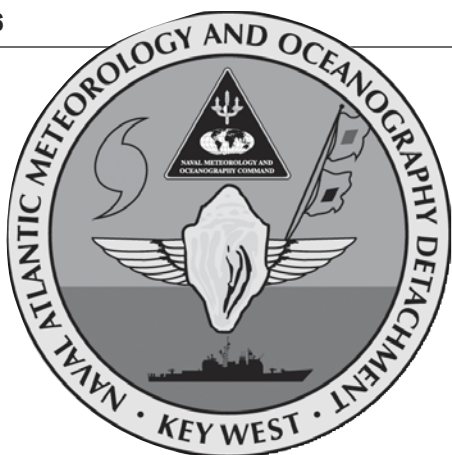
CMDR. HANS
LISKE

Insurance: an important part of preparation

BY LT. ANTHONY DEITERING

NAS Key West Staff Judge Advocate

As the 2006 hurricane season approaches and people begin to stock up on supplies (e.g. batteries, flashlights, bottled water etc.), prepare their homes, and establish evacuation/sheltering contingency plans with their families, they should not forget about the importance of proper



Naval Atlantic Meteorology and Oceanography Detachment (NLMOD)

U.S. Navy photos by JO1 (SW) Trice Denny

The NLMOD is known to the Key West community as the "Weather Office." It is manned from 5 a.m. to 11 p.m., seven days a week. From 6 a.m. to 2 p.m., Monday through Friday, a certified Forecast Duty Officer is on station and from 2 p.m. to 6 a.m., and on weekends, forecasting responsibilities are taken over by the Naval Aviation Forecasting Center in Norfolk, Va.

The Weather Office provides local area commands with meteorological and oceanographic support, including recommendations on setting thunderstorms and Tropical Cyclone Conditions of Readiness, and issues wind warnings for the lower Florida Keys area.

Key West lies in a prime tropical cyclone area where tropical storms and hurricanes can develop or pass through. To help personnel prepare for the hurricane season, the NLMOD provides a Hurricane Preparedness slide presentation for all hands.

Key West's weather team has years of experience in dealing with tropical weather events, and they prepared much of this hurricane preparedness issue. Meet the 2006 Key West weather team.



NLMOD Petty Officer in Charge

AG1 Elisa Smith

Smith, a forecaster, took over NLMOD as the Petty Officer in Charge in September 2005. Growing up on the Texas Gulf Coast, Smith already had experience with tropical weather events before she joined the Navy as an aerographer's mate 18 years ago. Smith honed her tropical weather expertise while serving two years in Guam and four years in Puerto Rico, and this is her fourth hurricane season in Key West.

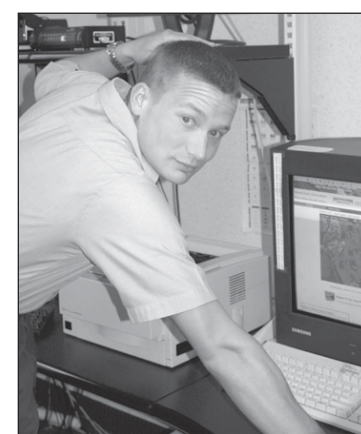


Leading Petty Officer
AG2 (SW) Giovanni Negron
Ponce, R.R.



AG2 (AW) Douglas Wakeman
Wakeman is from Great Falls, Mont. and is the base weather forecaster, as well as the NLMOD command duty officer. Wakeman was previously stationed on USS Abraham Lincoln (CVN-72) and this is his fourth hurricane season in Key West.

FORECASTERS



AG2 (AW/SW) Anthony Gruber, from Peoria, Ariz., graduated weather forecasting school in February 2004 and reported to Key West in March 2004. Before school, Gruber was stationed aboard USS Bonhomme Richard (LHD-6). This will be his third hurricane season in Key West.

Technicians



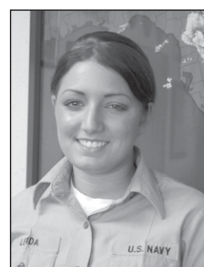
AG3 Bradley Perry
Warner Robbins, Ga.



AG3 (SW) Ryan
Salisbury
Slidell, La.



AG3 Jeffrey Herold,
Kellogg, Minn.



AGAN Jennifer
Lenda
Philadelphia, Penn.

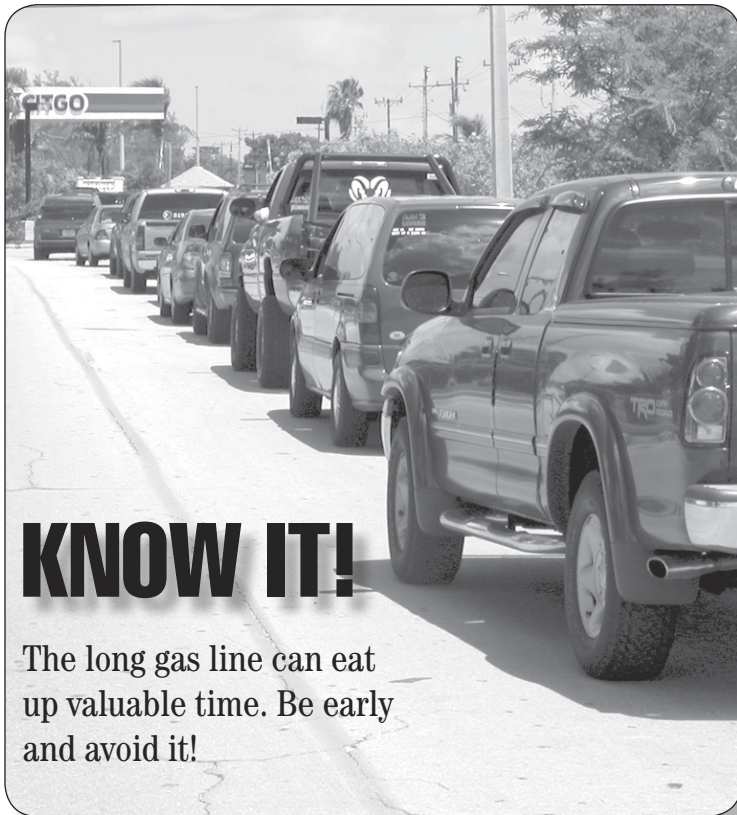


AGAR Craig
Hildebrand
Englewood, Colo.



KNOW IT!

There's no sure-fire way to forecast exactly where a hurricane will go or how much damage it will actually do at landfall. The forecast cone suggests potential targets only.



KNOW IT!

The long gas line can eat up valuable time. Be early and avoid it!

Since you know you're going to have to refill your tank, even without an impending disaster, go ahead and top off all your vehicles as soon as the threat of a hurricane path projects toward south Florida.

Naming the tropical cyclone

Tropical cyclones are named to provide ease of communication between forecasters and the general public regarding forecasts, watches, and warnings. Since the storms can often last a week or longer and that more than one can be occurring in the same basin at the same time, names can reduce the confusion about what storm is being described.

The first use of a proper name for a tropical cyclone was by an Australian forecaster early in the 20th century. He gave tropical cyclone names after political figures whom he disliked. By properly naming a hurricane, the weatherman could publicly describe a politician (who perhaps was not too generous with weather-bureau appropriations) as "causing great distress" or "wandering aimlessly about the Pacific."

During World War II, tropical cyclones were informally given women's names by U.S. Army Air Corps and Navy meteorologists (after their girlfriends or wives) who were monitoring and forecasting tropical cyclones over the Pacific. From 1950 to 1952, tropical cyclones of the North Atlantic Ocean were identified by the phonetic alphabet (Able-Baker-Charlie-etc.), but in 1953 the U.S. Weather Bureau switched to women's names. In 1979, the WMO and the U.S. National Weather Service (NWS) switched to a list of names that also included men's names.

2006 Atlantic Tropical Cyclone Names

Alberto	Helene	Oscar
Beryl	Isaac	Patty
Chris	Joyce	Rafael
Debby	Kirk	Sandy
Ernesto	Leslie	Tony
Florence	Michael	Valerie
Gordon	Nadine	William

Putting the spin on our hurricane season

The Atlantic tropical cyclone season (including the Gulf of Mexico and the Caribbean Sea) typically peaks during late summer and early fall. This is generally the time that the ocean's water temperature is the warmest.

Tropical Cyclones

The word hurricane is derived from the term urican or unrican used by the ancient Carib Indians to describe the big autumn storms that plagued the Caribbean Sea. Hurricanes are called typhoons in the western North Pacific Ocean, cyclones in the Indian Ocean and off the coast of Australia.

The terms "typhoon," "cyclone," and "hurricane" are regionally specific names for a strong "tropical cyclone." A tropical cyclone is the generic term for a non-frontal synoptic scale low-pressure system over tropical or sub-tropical waters with organized convection (i.e. thunderstorm activity) and definite cyclonic surface wind circulation. Atlantic tropical cyclones form off the coast of western Africa, over the Caribbean Sea, or over the Gulf of Mexico and generally track west or north.

Formation

Tropical cyclones get their start along the equatorial trough or inter-tropical convergence zone. The warm ocean, high humidity, and colliding hemispheric winds trigger the formation of low-pressure systems. Water vapor, which comes from the ocean surface, rises high into the sky. The rising warm moist air, "convection," produces clouds and rain as it cools and condenses in the higher altitudes. The lower atmospheric pressure caused by the intense humidity and colliding hemispheric winds trigger the formation of low-pressure systems. The lower atmospheric pressure caused by the intense convection starts to spin up into a circulation. As warm air continues to rise and produce latent heat



which fuels the developing low, the atmospheric pressure continues to fall. The falling pressure forces the surrounding air to rush in toward the center of lowest pressure. The "Coriolis Force," caused by the rotation of the earth, forces the moving air to bend to the right in the northern hemisphere. The air then spins around the low center in a counterclockwise motion and accelerates as the pressure falls. The lower the pressure is, the faster the air moves around it.

The 'Coriolis Force,' caused by the rotation of the earth, forces the moving air to bend to the right in the northern hemisphere. The air then spins around the low center in a counterclockwise motion and accelerates as the pressure falls. The lower the pressure is, the faster the air moves around it.

Tropical cyclones can also develop from easterly waves or troughs, which originate over Africa in the Sahara Desert. These small westward moving disturbances or waves in the tropics often produce fair weather and northeast winds in advance of the trough then southeast winds and rain squalls behind the trough. If enough rotation is available, an easterly wave may develop a closed circulation and eventually develop into a tropical cyclone. The Cape Verde-type hurricanes are Atlantic basin tropical cyclones that also move off of Africa and frequently develop into tropical cyclones near the Cape Verde Islands and then become hurricanes before reaching the Caribbean.

The main weather patterns

in the upper levels of the atmosphere then push the developing storm across the Atlantic Ocean. If all atmospheric conditions are favorable for cyclone development, the system will likely reach hurricane intensity. Once the storm encounters either strong upper level wind, colder air or ocean conditions, or moves over land, it will begin to dissipate.

Nature And Structure

In appearance, a tropical cyclone resembles a huge whirlpool - a gigantic mass of revolving moist air. Most of the heavy rain occurs near the storm center and along spiral rain bands. The rain bands rotate in the same sense as the storm circulation and tend to sweep through an area one after another. At a given location, heavy precipitation is usually pulsing at intervals of a few hours. Squalls and gusts increase during the approach and passage of rain bands. Rain becomes persistent and winds violent as the center of the storm draws near.

Size

Hurricanes come in all sizes. Some extend 1,000 miles across while other midget storms cover only 100 miles or less. The gale force wind radius in a storm usually covers an area of 500 miles in an average size storm. The hurricane strength winds usually cover an area of 100 miles across in average size hurricanes.

Eye

The highest winds are right around the calm eye in the eye-wall of the hurricane. The winds slowly decrease in strength as they move out and away from the eye-wall.

Wind Direction

Always remember a hurricane wind field rotates counterclockwise around the center or calm eye. Consequently, you can always know where the low-

pressure center is in relation to Key West. Buys/Ballots Law of Storms allows you to always know where an approaching storm is. If you face the wind, the low-pressure center or eye will always be straight out of your right side. As you follow the wind shift, you can tell where the eye is passing in relation to the land area.

If the wind backs or shifts from east to northeast to north to northwest, you know the eye is passing north of Key West. If the wind veers or shifts from northeast to east to southeast, you know the storm is passing south of Key West. If the winds remain steady from the same direction with no shift, the storm is still heading straight for Key West.

Pressure

Some wrist or dive watches come with a built-in barometer. These are handy for calculating the wind speed as the storm gets closer. It will also tell you whether the storm is coming or going.

If the pressure is falling, the storm is still getting closer to you. If the pressure starts to rise, the storm is moving away. When the pressure remains steady and the wind remains out of the same direction, the storm has probably stalled.

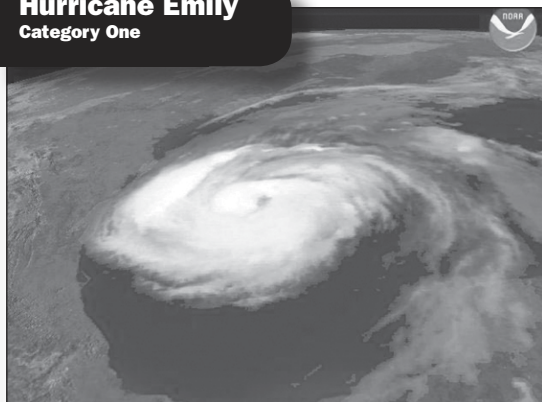
Effects

The destructive effects from a hurricane vary with the cyclone's intensity and size, as well as the location impacted relative to the storm's center. Intense winds, increased sea level, high waves, and torrential rains can be expected. Winds are characteristically stronger on the right side of the cyclone's track.

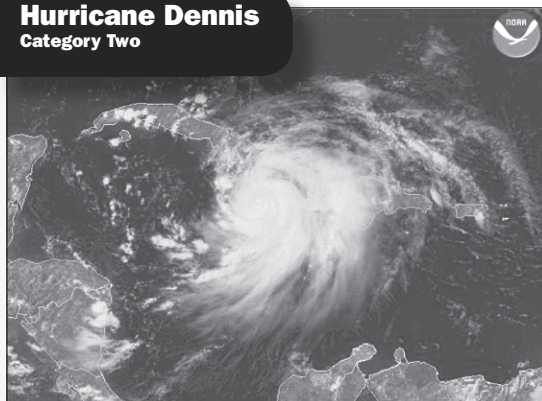
Storm Surge

Most storm surge is caused by winds pushing the ocean surface ahead of the storm on the right side of the track (left side of the track in the Southern Hemisphere). Individual storm surges are dependent upon the coastal topography, angle of incidence of landfall, speed of tropical cyclone motion as well as the wind strength.

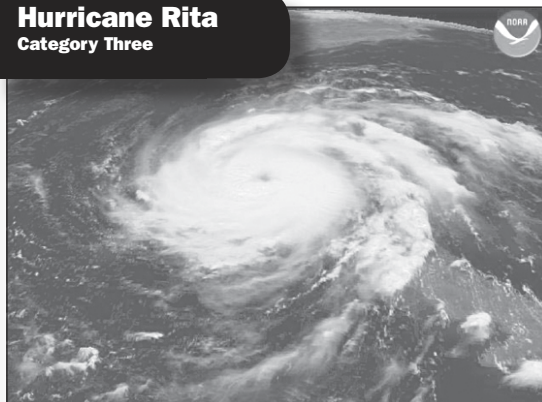
Hurricane Emily
Category One



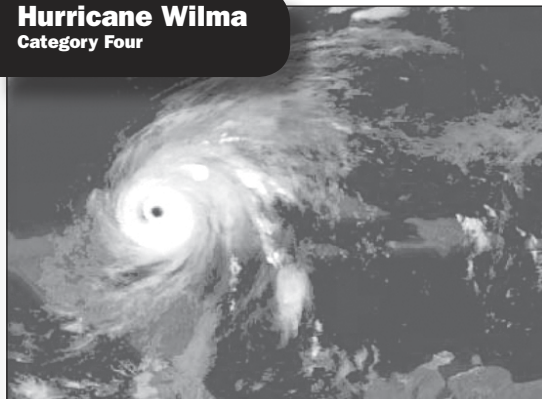
Hurricane Dennis
Category Two



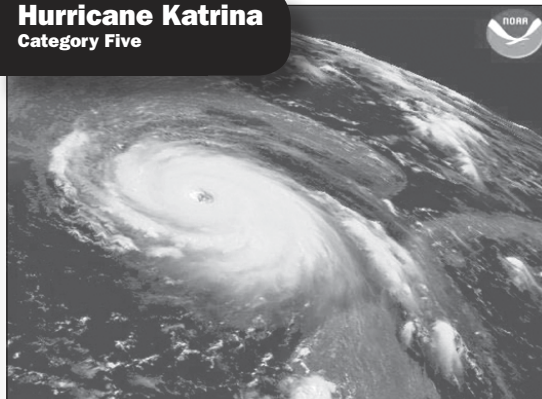
Hurricane Rita
Category Three



Hurricane Wilma
Category Four



Hurricane Katrina
Category Five



Measuring the power of hurricanes

SAFFIR-SIMPSON SCALE

The Saffir-Simpson scale categorizes hurricanes based on the storm's wind speed, storm surge and the degree of damage expected. A storm's strength is classified by categories from one to five.

Category One

- ★ Sustained winds of 64-82 knots (74-95 mph) with a storm surge of 4-5 feet above normal. There is normally no real damage to building structures, except for unanchored mobile homes and sheds. Poorly constructed signs, piers, trees, and shrubbery normally sustain damage, along with coastal flooding of low-lying areas.

Category Two

- ★ Sustained winds from 83-95 knots (96-110 mph) with a storm surge 6-8 feet above normal. At this point, minor structural damage occurs including poorly constructed roofs, doors, and windows. Expect significant damage to mobile homes, poorly constructed signs, and piers. Low lying areas will begin flooding up to four hours prior to the storm making landfall due to the storm surge in the wake of the storm. Small craft in unprotected anchorages will break moorings.

Category Three

- ★ Sustained winds from 96-113 knots (111-130 mph) with a storm surge 9-12 feet above normal. Mandatory evacuation for all non-essential service members and their families will occur. Expect significant structural damage to small residences due to storm surge and significant flooding, as well as loss of power due to blown over telephone poles and trees. Mobile homes and poorly constructed signs will be destroyed.

Category Four

- ★ Sustained winds from 114-135 knots (131-155 mph) with a storm surge 13-18 feet above normal. Expect extensive damage including roof and wall failures on small residences due to high winds and high storm surge. Expect the storm surge to begin flooding up to five hours prior to the storm making landfall. Docks and piers will sustain major damage or be destroyed. Expect the loss or damage of small craft either anchored or docked on the island.

Category Five

- ★ Sustained winds of 136 knots or higher (156 mph or higher) with a storm surge generally 18 feet above normal. Expect catastrophic damage to occur, including complete structural failure of residences and massive flooding of the entire island. Significant land erosion will occur as well as the loss of all foliage.

Only three Category Five hurricanes have made landfall within the continental United States in recorded history resulting in significant coastal damage, catastrophic structural failure, and a great loss of life. These include the Hurricane of '35, which made landfall in the Middle Keys; Hurricane Camille, which made landfall in Mississippi in 1969; and Hurricane Andrew, which made landfall in South Florida in 1992. Hurricane Katrina, which made landfall in eastern Louisiana in August 2005; Hurricane Rita, which made landfall along the Texas/Louisiana border in September 2005; and Hurricane Wilma, which made landfall over southern Florida in October 2005 all reached Category Five strength but decreased in intensity prior to making landfall.



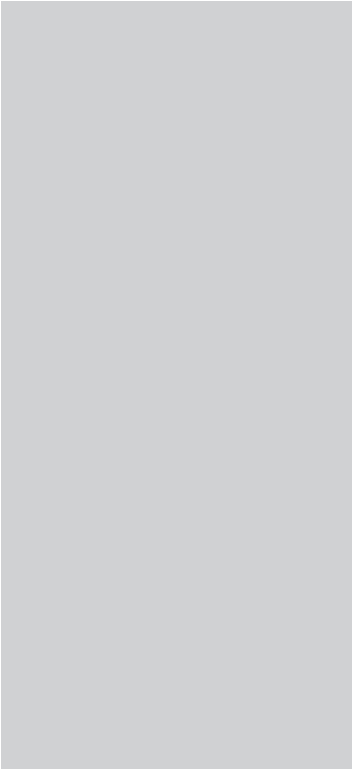
KNOW IT!

For the uninitiated and those of you new to Key West since last hurricane season, be mindful that hurricanes are powerful and dangerous. Do not go out into the storm until an all clear is given. Many fatalities related to the storm occur after it has passed. The most dangerous hazards are fallen, live electrical lines, damaged structures that may fall if disturbed and trees with weakened root systems that fall later. Listen to the veterans. You'll discover that there's no romance to be found with these dangerous storms.

Insurance

continued from page 4

ple in the community, including numerous military and government civilian employees, found their homes and vehicles flooded, and much of their personal property destroyed. Unfortunately,



many people did not have insurance, or found that the insurance policies they had failed to properly cover their losses.

Now is the time for all personnel to take some time to evaluate their needs for insurance, and/or understand the parameters of any insurance coverage they already have. As part of your hurricane preparations you should ask yourself the following questions:

(1) If my home, apartment, or government quarters are flooded, damaged or lost during a



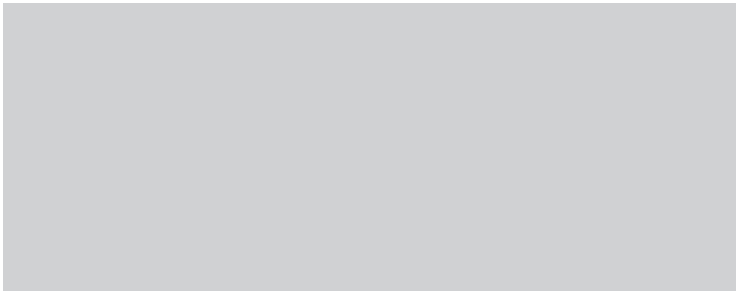
hurricane will I be reimbursed for the loss or damage to my personal belongings?

(2) If my car, boat, or motorcycle is flooded, damaged or lost during a hurricane will I be reimbursed for my losses?

(3) How much will I be reimbursed?

(4) Is there a deductible?

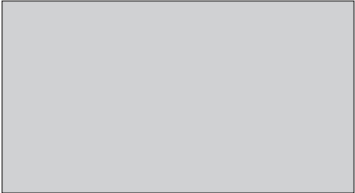
If you answered no, or I don't know, to any of these questions you may not be fully prepared for the 2006 hurricane season. Take a few moments to review your current insurance policy, or to evaluate your need for insurance. If you have renter's insurance,



homeowner's insurance and/or automobile insurance, make sure you understand the extent of your policy, the limit of your coverage, and the amount of your deductible. It is particularly important to know whether the policy covers those types of damages associated with hurricanes, such as wind and flood damage. There are some standard renter's policies that do not cover flood losses, and a number of homeowner's policies that require the purchase of additional flood or wind coverage. If you simply do not have insurance coverage, make sure you have a financial

plan in place to address potential losses due to a hurricane.

Those people who rent property or reside on base should seriously consider obtaining some form of renter's insurance. The cost of this type of insurance is usually affordable, and can provide varying amounts of coverage depending on individual needs. Moreover, once someone obtains the proper insurance coverage they can enter the hurricane season secure in the knowledge that they are covered if their property is damaged or destroyed. Of course, anyone considering the purchase of a new insurance policy should compare the costs and scope of coverage from various insurance companies before deciding on the policy best for them. As you consider the different policies keep in the mind the four questions presented above, and make sure you are able to answer them fully.



Two types of evacuations occur at NAS Key West based on hurricane strength

FROM NAS KEY WEST PUBLIC AFFAIRS

Approaching hurricanes get most in the Keys thinking about heading north to evacuate. However, not every Key West-bound hurricane triggers an evacuation.

Naval Air Station (NAS) Key West typically follows Monroe County hurricane procedures. Here in Monroe County, the forecasted strength of the approaching storm largely determines whether elected officials order an evacuation of Monroe County or not.

An evacuation is typically ordered when a hurricane force winds are expected to reach **Category 3** strength or higher (in excess of 111 mph). An evacuation may also be ordered in cases where hurricane conditions can

be similar to a Category 3 storm, such as storm surge or strong wind gusts.

NAS Key West follows the orders of Monroe County elected officials regarding evacuations. Military personnel and their families are directed to the safe haven in Orlando and the air station is closed. No one, including pets, is allowed to remain in government housing areas.

Category 1 and 2 storms may not trigger an evacuation of the Keys but military personnel and their families may be ordered to leave government housing and move into temporary shelter until the storm passes. Depending on weather conditions and the threat of flooding, families in military housing can be ordered to designated, on-base shelter spaces until the

storm passes. Monroe County also opens hurricane shelters at designated schools for those residing in town.

Families sheltering on base should pack clothing, food, water, and hurricane emergency kits (including flashlights and batteries) to take with them to the shelter.

Conditions can be cramped but families are expected to remain only until the threat is passed. Family pets cannot remain in military housing areas or be brought to designated shelters. A pet shelter has been designated in the Supply Warehouse, Bldg. A-931, on Boca Chica. All pets must be caged and have a supply of food and water.

Evacuations are part of the Keys lifestyle and NAS Key

West takes family safety seriously. The predicted path of the storm and its strength drives the decision to evacuate

or shelter on station. Military personnel and their families need to be prepared for any circumstance.

KNOW IT!

Your pet's safety is your responsibility!

Pets count on you to make sure they are properly cared for during any hurricane emergency.



Traveling or evacuating with your pet

FROM THE FLORIDA KEYS SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS, INC.

The season for hurricane evacuation and moving is here. Whether you're moving or temporarily evacuating, traveling by air or by car, across the state or the country, you can - and should - take your pets with you. It will take only a little extra effort and planning.

As you prepare to leave your home, pack a "pet travel kit" with your pet's things. If you are traveling by air, be sure to make your pet's reservations well in advance. If traveling by car, never leave your pets unattended in a vehicle.

If you will be staying in a motel, make reservations in advance at animal-friendly facilities. Finding such a motel is easy. You can search the Internet or check out travel books for pet friendly accommodations. During emergencies, such as hurricane evacuation, most motels will accept pets if you have kennels

for them. Upon arrival at your destination, if you need to board your pets, you can find kennels in the phone book yellow pages or on the Internet. If you lose your pet, immediately contact animal shelters in the area to provide your pet's description and your contact information so your pet can be returned to you if turned in to the shelter.

Your pets are part of your family and will adapt to your move or evacuation if you give them a chance. As stressful as moving or evacuating is, it is much less stressful for your pet than being left behind to fend for itself or being placed in an animal shelter hoping for a new family.

Having a pet is a lifetime commitment. If you need help preparing for a move with your pets or preparing your family's hurricane evacuation plan, contact the Florida Keys SPCA at 294-4857.

Pet Travel Kit

Sturdy kennel: Keep cats and small dogs in kennel while traveling; kennel may be lined with newspaper or "puppy house training pads" that can be thrown away in case of "accidents." A cardboard box is not a suitable kennel.

Identification, collar, tags and leash: Keep collar with tag on your pet at all times; tag should include your name, address and phone number; ideally a tag will have an alternate phone number; microchip provides permanent identification and is available at local veterinary clinics and the Florida Keys SPCA Animal Shelter on Stock Island.

Health papers: Vaccination record including rabies certificate; health certificate signed by vet within 10 days of travel is required if traveling across state lines.

Photos: Current photo of pets to help you locate them should they get lost.

Food, water and dishes: One-week supply.

Medication: Heartworm pills, flea preventive, prescription medications.

Litter, litter box, scoop and plastic bags: For disposal of dog and cat waste.

Bedding, toys, chew sticks, treats: Take your pet's favorite things.

Emergency and Weather Info

U.S. Navy

NAS Key West web site at www.naskw.navy.mil

NLMOD Key West website at <https://detweb.nlmoc.navy.mil/keywest/>

Navy Maritime Forecast Activity - Norfolk Tropical Information website at <https://www.nlmoc.navy.mil/cgi-bin/main.pl?tropical>

NOAA/NWS

National Hurricane Center's website: www.nhc.noaa.gov
NWSFO Key West website: www.srh.weather.gov/eyw

Monroe County

www.co.monroe.fl.us (Click on Hurricane)

NOAA Weather Radio

Lower Keys 162.40 MHz
Upper Keys 162.55 MHz

Local television

Channels 5, 16, and 19 in the Keys

NAS Key West Emergency Operations Center

Local - 305-293-2268/2971
DSN - 483-2268/2971

Armed Forces Reserve Center Orlando

Toll-free - 877-822-7213 or 800-221-9401 ext. 1518
Local - 407-894-1613

Always be prepared!

Now is the best time to get together everything you may need for the next hurricane emergency. There are two circumstances that you should be prepared for - **sheltering or evacuation.**

Hurricane Kit

Put aside in a special box in your hurricane locker, closet or garage. Keep heat-sensitive items inside the home and rotate stock throughout season.

- Batteries can go in refrigerator
- Flashlights and extra bulbs
- Battery-operated radio
- Fully charged battery-operated lanterns. Candles and kerosene lanterns are fire hazards.
- Extra batteries
- Matches
- Mosquito coils
- Clock (wind-up or battery)
- Plastic garbage bags
- Working fire extinguishers
- Scissors
- Toilet paper
- Clean change of clothes, rain gear, sturdy boots.
- Rabbit-ears television antenna to use when cable goes out.
- Map of the area
- List of phone numbers
- Copy of insurance policy
- Insect bite lotion
- Sunscreen
- Soap
- First-aid kit
- First-aid handbook
- Extra over-the-counter medicine (for colds, allergies)
- Children's medicines
- Aspirin
- Diarrhea medication
- Bandages and tape
- Cotton-tipped swabs
- Antiseptic solution
- Sterile rolls, bandages
- Tweezers
- Needles
- Disinfectant
- Plastic bags, jugs or containers to store water and ice.

Baby Needs

- Disposable diapers
- Wipes
- Diaper-rash ointment, petroleum jelly
- Baby medicines (pain, cold, cough)
- Medicine dropper
- Extra formula, baby food
- Emergency Toilet
- Small can or garbage can with tight lid
- Plastic bags for liners
- Disinfectant or bleach
- Deodorizer

Hurricane Shelters

Evacuees shall:

- ✚ Provide their own food, water, blankets, sheets, pillows, and toiletries; enough for three days.
- ✚ One gallon of water per person per day, and non-perish-

able canned food that does not require cooking. Items such as ready-to-eat meats, fruits, vegetables, canned juices, high-energy foods such as peanut butter, jelly, crackers, granola bars, trail mix, and other snack foods.

- ✚ Special dietary concerns should be addressed including baby food or formula.
- ✚ A manual can opener and eating and drinking utensils including paper plates is highly recommended.
- ✚ Bring personal medications.
- ✚ Provide their own disposable diapers for babies.
- ✚ Bring toys, games, cards and books for amusement.
- ✚ Take a bath and eat before you leave home.
- ✚ Register immediately upon entering the shelter and cooperate with all orders of the Shelter Officer and other personnel operating the shelter.
- ✚ Direct any questions to your department's designated Hurricane Shelter Officer.
- ✚ Not remove any items (i.e., TV's VCR's, furniture) from the shelters.

Items not allowed:

- ✚ Absolutely no pets, alcohol or private weapons will be permitted in shelters. Take pets to designated pet shelters in cages.
- ✚ Smoking will not be permitted in shelters.
- ✚ Cooking equipment
- ✚ Large valuables
- ✚ Large toys
- ✚ Non-essential personal belongings

KNOW IT!

A large percentage of automobiles were lost in the flooding following Hurricane Wilma. The myth that Key West is immune from widespread flooding from storm surge is dead. Last year proved over and over, not only with Wilma and the local flooding that followed with heavy rain later in the week, but also with Hurricane Katrina, which grew to a category three storm just southwest of the Keys, that the water will rise. Get your autos, scooters and boats to safe, high ground if at all possible.



Safety windows fight the storm

The severe storms that made 2005 a record-breaking hurricane season may soon be repeated. According to expert weather forecasters, hurricane seasons for the next several years are projected to be especially strong.

From Maine to Texas, coastal area residents searching for ways to protect their homes are turning to hurricane-resistant windows and doors. Made with an outer layer of tempered glass and an inner layer of impact-resistant glass, these windows can stand up to the fiercest storms.

What makes these windows so strong? A heavy invisible plastic interlayer sandwiched between panes of the inner glass prevents the glass from being punctured by flying debris. Much like a car windshield, when these windows are struck during a hurricane by tree limbs or other flying objects, the glass may shatter, but it will not break out of its frame. This protects a home and its contents.

"If you live in a coastal area, nothing beats hurricane-resistant windows for giving you peace-of-mind and protecting your home," according to Mark DeSimone, coastal specialist for a window manufacturer. "These products work 24 hours a day,

seven days a week and never need to be boarded or shuttered up. That saves homeowners a tremendous amount of work.

"Hurricane-resistant windows and doors are an investment that pays off in many ways. First, they offer storm protection and superior energy efficiency benefits, which can save on energy bills. Second, many insurance companies offer homeowners reduced rates for having these products in their home. Third, the vinyl frames on these windows are easy to maintain while being a great insulator. And finally, impact-resistant windows protect the home from noise and solar penetration along with making it extremely difficult for intruders to break in."

To protect a home during severe weather, Keys residents need to concern themselves with four primary ways that strong winds can potentially enter a house. If this happens, there's potential for pressure to build up inside the home and the roof to blow off. The key areas are the windows, entry door, garage doors and roof. Homeowners in coastal communities should have hurricane-resistant products installed in these four vulnerable areas of the home to protect their property.

CLICK FOR HELP! <http://www.navy.mil/tfnt.html>
Navy Family Disaster Assistance
 (formerly Task Force Navy Family)

Early training is key to kids' healthy smiles

BY TERRY J. GOODMAN
TRICARE Management Activity

FALLS CHURCH, Va. - Most educators agree that teaching children early helps build a solid foundation for future learning success. Part of a child's educational curriculum should include proper oral hygiene and prevention to ensure their smiles last a lifetime.

The TRICARE Dental Program, managed by United Concordia Inc., is supporting this education and prevention effort by promoting early enrollment of children in the dental program and encouraging dental examinations for infants by their first birthday.

According to Air Force Col. Gary C. Martin, director, Dental Care Division, TRICARE Management Activity, children are automatically enrolled in the dental program at age four, but

Martin recommends that parents enroll them by age one to promote good dental habits and prevention of tooth decay and gum disease. Additionally, there are no copays for children in this age group for diagnostic and preventive services, excluding sealants.

"Early prevention and treatment not only promotes a lifetime of proper dental care, but it can prevent unnecessary and expensive surgical procedures," said Martin, who is also a dentist. "I can't emphasize enough the importance of enrolling children early in the TDP. It increases the probability of parents to use preventive measures for their children."

According to the American Dental Hygienist's Association (ADHA), dental decay (cavities) is the most chronic disease of childhood, affecting 50 percent of children by middle childhood, 7 to 12 years of age, and more than 80 percent by late adolescence. The best way to ensure that children do not get cavities or periodontal disease is to instill proper oral habits early.

Dr. Samir J. Naik, a UCCI network dentist located in Falls Church, Va., shares Martin's view on starting dental education and

prevention early in a child's life.

Parents should brush and floss their children's teeth until they are able to do it on their own, Naik said. When they are able to brush and floss themselves, parents should watch them and ensure they are doing a thorough job.

According to the ADHA Web site, waiting until the first tooth breaks the gum tissue may be too late to ensure healthy teeth and gums. Parents should regularly clean their baby's gums with a wet cloth. It stimulates the gum tissue and removes food.

When the first tooth cuts through, parents should use a soft-bristled toothbrush and a small amount (about the size of a pea) of fluoride toothpaste to prevent dental and gum disease.

Providing fillings, crowns and root canals are part of being a dentist, but Naik would rather his patients not require these costly and sometimes painful procedures, especially for chil-



Early training for children helps assure that proper oral hygiene and prevention become a normal regimen for them and that their smiles last a lifetime.

dren. Additionally, the earlier children start going to the dentist the more they will feel more at ease when going for their annual exams.

"They get used to being in a

dental office early, and in my experience it definitely helps prevent dental phobia," Naik said. "Also, going to the dentist at an early age reinforces good oral hygiene habits at home."

GOOD SPORTS



Congratulations to two recently-promoted MWR team members! Makenzie George (left) is MWR's new Fitness Director and Jaime Peterman is the new Sports Coordinator.

Photo courtesy of MWR



National Nurses Week honors local nurses

The eight nurses of the Naval Branch Health Clinic, VA Clinic, and TRICARE Key West are honored during National Nurses Week and the Navy Nurse Corps Birthday. Shown left to right, back row, are: Cmdr. Cindy Davis; Sandra McMillin, Occupational Health Nurse; Christina McMahon, TRICARE Nurse; Marjorie Ingelsby, Case Management; Rebecca Hathaway, Staff Nurse; and Lt. Cmdr. Grace Seabrook. Front row: Marjory Craver and Beth Liotta, VA Nurses.

Photo courtesy of NBHC Key West



Gulf of Mexico (May 17, 2006) - The ex-Oriskany, a decommissioned aircraft carrier, was sunk 24 miles off the coast of Pensacola, Fla., on May 17 to form an artificial reef. The 888-foot ship took about 37 minutes to sink below the surface.
U.S. Navy photo by PH2 Jeffrey P. Kraus

Navy ex-aircraft carrier sunk, ‘reefed’ 24 miles off Pensacola

**FROM NAVAL SEA SYSTEMS
COMMAND PUBLIC AFFAIRS**

PENSACOLA, Fla. (NNS) -- The ex-Oriskany, a decommissioned aircraft carrier, became the largest ship intentionally sunk as an artificial reef May 17 when it was sunk approximately 24 miles off the coast of Pensacola, Fla.

After 25 years of service to the Navy in operations in Korea, Vietnam and the Mediterranean, ex-Oriskany will now benefit marine life, sport fishing and recreation diving off the coast of the Florida panhandle.

The 888-foot ship took about 37 minutes to sink below the surface after strategically placed explosives were detonated at 10:25 a.m. CDT. The Navy developed an engineered sink plan to place the 32,000 ton ship upright on the ocean floor in

a north-south orientation at an existing artificial reef site at a depth of approximately 212 feet, as requested by the state of Florida.

“The Navy and Florida team performed flawlessly to execute today’s sinking. The Navy is thrilled that ex-Oriskany will continue to serve the United States as a tourist and diving attraction off the coast of Florida,” said Glen Clark, deputy program manager of the Navy’s Inactive Ships Program Office. “This is a fitting new beginning for this illustrious ship, and we are proud of the information she has provided us for the reefing of future Navy ships as artificial reefs.”

The Navy has been working with the U.S. Environmental

see **ORISKANY ‘REEFED’** page 16

Pacific Fleet Master Chief

Forward deployed...still the place to be

Warriors, we need to chat again about a subject near and dear to our Navy - especially in the Pacific - forward deployed naval forces (FDFN).

I've talked about this subject before, but I feel I need to address it again, because I just don't think the word is getting out as well as it should.

We have many professional and family opportunities overseas, and now is the perfect time to take advantage of them. Forward-deployed service, assignment to deployable units home ported overseas, presents our Sailors with monetary advantages, education, travel and the professional experience and growth to significantly enhance a developing career. Shore duty overseas also provides many of these options.

I mention this because our Navy is still wrestling with maintaining normal personnel rotations in and out of our forward-deployed ships and bases. My classic example is Japan. It's tough to get our Sailors out there; but once there, it's tough to get them to rotate out.

Also forward-deployed duty still has reputation issues, and as I have mentioned in the past - it's all because of bad gouge.

Warriors, we need to look at the facts. And some of them have changed since I last talked to you about this. But the points bear repeating because, like our individual augmentee program, the FDFN is critical to our readiness.

One recent change for the bet-

ter is Sailors returning from a successful FDFN sea duty tour are now entitled to orders on the coast of their choice: East or West, it makes no difference.

But I know the number one concern is still money. For that extra pocket cash, you still have the assignment incentive pay (AIP) for critical, but hard to fill, overseas billets. It still can reach almost \$1,500 a month extra.

Remember that AIP is scaled to meet rating and location requirements: in other words putting a qualified Sailor in a needed billet. So talk with your Career Counselor and detailer about AIP eligibility.

I'm sure a good number of you joined to 'see the world!' so why not take advantage of these incredible positions?

So once we figure in the other FDFN financial incentives - overseas COLA, housing allowances, sea pay for sea commands, and for those looking to extend there, overseas tour extension incentive pay - an E-6 is looking at banking around \$17,000 per year extra on top of other pays which equates to approximately \$51,000 extra over a three-year tour.

Some other significant points from our last FDFN talk are:

- Priority seating on MAC flights for Environmental Morale Leave (EML)
- Paid travel for member and dependents on emergency leave.
- Spousal Tax-Free Employment Income (Up to \$80K) (TAX FREE)
- No out-of-pocket expenses

for orthodontic care (ex. children's braces)

- DoDEA schools
- A very robust MWR, offering many travel opportunities.
- Short waiting list for housing.

I'd like to make a pitch now for Pacific forward-deployed opportunities. Let's start with Japan.

With 17 ships and 43 shore facilities governed by three fleet activities, Japan has almost 20,000 Sailors and 19,000 civilians. Those are all tough jobs and it's just as tough to fill them. But it also provides many professional, cultural, and educational chances for those looking for an edge.

In the Marianas, our Navy and Marine Corps forces serve as forward-deployed operational support in the Western Pacific.

Guam duty means being one of 3,903 Sailors serving in one of more than 40 different flag, surface, submarine, medical and information commands. As a strategic support hub, Guam is a major pipeline of supplies and services to the forward deployed fleet.

Also keep in mind that Guam provides top-notch education, exchanges and commissaries, and excellent housing for a successful overseas family tour.

In all these areas, don't forget about the Assignment Incentive Pay, Cost of Living Allowance,

and Overseas Tour Extension Incentive Pay.

Another critical area is Korea. Commander, U.S. Naval Forces Korea provides leadership and expertise in naval matters to area military commanders, and functions as a liaison to the Republic of Korea navy, U.S. Combined Forces Command and Commander, U.S. Seventh Fleet.

While there are no ships homeported in Korea, there are still approximately 300 Navy billets. Sailors serving here find spacious housing and great MWR services and support for them and their families.

Finally there is Singapore. Ninety Sailors, along with 50 DoD personnel, serve in one of the world's safest countries.

Sailors stationed there have phenomenal quality of life for themselves and their families with Navy-funded private education for their children. Single Sailors live in spacious apartments and have all the support of traditional MWR services.

The experiences you gain will be eye-opening. Think about all the reasons you joined the Navy. I'm sure a good number of you joined to "see the world!" so

see **FORWARD DEPLOYED** page 17



FLTCM (SS/SW)

Rick D. West

DRAGONS FLY

Fast boats race for the finish line at Truman Waterfront

The military challenge cup gets underway Saturday, May 13 at the Battle in the Bay. From left to right, the Gladiators Navy team made up of VFA-106 and NBHC Key West, the U.S. Coast Guard, the Conch Republic Navy with the Naval Research Lab, and Dragon-NAS of NAS Key West.

U.S. Navy photos by JO1 (SW) Trice Denny

Dragon boats

continued from page 1

International Global Build and Habitat for Humanity of Key West and Lower Florida Keys.

After two free practice sessions the week prior to race day, the teams raced down a 400-meter course at the Truman waterfront on the day of the regatta. The boats they raced in were made of a composite fiberglass/epoxy measuring 40 feet in length, 4 feet wide and weigh an average of 500 lbs. The spectacular dragonheads and tails added almost eight feet to the length of the boats.

Proceeds from the festival support our local Habitat for Humanity's mission to provide community housing and

improve substandard housing in Key West and the Lower Keys and promotes the sport and tradition of dragon boat racing while sharing the dramatic aspect of Asian culture with the Keys community. It is also a way of encouraging physical fitness by enjoying the outdoor opportunities of our region.

The races were such a success that the organizers plan to bring them back annually. For more information, go to www.battleinthebay.com.





Race results

Military Challenge Cup

	Place	Time
Conch Republic Navy	1	01:41.10
Coastal Marauders.....	2	01:42.95
Dragon-NAS	3	01:44.15
Gladiators.....	4	01:44.89

B Division Finals

CONSOLATION FINAL

Gladiators.....	1	01:42.95
Hammerheads.....	2	01:43.61
Dragin Ass.....	3	01:51.33

CHAMPIONSHIP FINAL

Rowtarians	1	01:40.95
Dragon-NAS	2	01:41.86
Comcastic Crusaders.....	3	01:44.67

A Division Finals

CONSOLATION FINAL

Lazy Dogs.....	1	01:40.93
Conch Republic Navy	2	01:41.20
Coastal Marauders.....	3	01:44.64

CHAMPIONSHIP FINAL

Puff DBRT	1	01:33.94
Red Dragons DBRT of Florida	2	01:35.23
The Tribe	3	01:35.42



MWR Update

Annual Dolphin Derby Memorial Day weekend, Saturday May 27. Call 293-2402 for more information.

Sunset Lounge

Sunset Lounge supports Designated Drivers, ask the bartender for details. Call 293-4205 for more information.

Information, Tickets, and Tours (ITT)

Come by and get special military-priced tickets for the Nextel Cup Pepsi 400 July 1. Tickets go fast. Call Donna at 293-4173.

Trumbo Palms

Sunday brunch from 9 a.m. - 12:30 p.m. for \$10.50 per person. Omelet station, eggs made to order, bacon, sausage, biscuits, pancakes or French toast, grits, hash browns, various lunch items, coffee, juice, and much more!

Trumbo Palms is located in the Fly Navy visitor's quarters at Trumbo Point. Call 293-4205 for more information.

Boca Chica

The Boca Chica fitness center has fun and free motivational

exercise classes. Yoga/Pilates Tuesdays and Thursdays at 4:30 p.m., Spectacular Strength Wednesdays at 6 p.m., Butts, Guts, and Body Pump Saturdays at 10:30 a.m., and Yoga 101 Saturdays at 11:30 a.m. Come to the gym and talk to our fitness professionals or call 293-2480 for information. Gym hours are 5:30 a.m. to 9:30 p.m. Monday through Friday, 9 a.m. to 5 p.m. Saturdays and Sundays.

Beach Patio Rec. Ctr.

Open for business 10 a.m. to 10 p.m. every day! Beach Patio has a wide range of services such as snacks, candy, beach essentials, Internet access, games, great movies, and recreational gear rental. Call 293-5282.

Friday Night Movie, May 19. "Glory Road," starts at 6 p.m., is rated PG, and stars Josh Lucas and Derek Luke. True story of the first college basketball team with an all African American starting lineup. In 1966 this Texas Western team led by its passionately dedicated coach, would go all the way to take the NCAA tournament title and forever change the future of basketball.

Wednesday, May 24 - Pool Tournament. Games start at 6 p.m. with prizes for the winner.

Landing Zone

The Landing Zone has computers with free high speed Internet access. Open from 8 a.m. - 8 p.m. Monday - Friday and 10 a.m. - 5

p.m. Saturday and Sunday.

Navigator's Bar & Grill

May 19 - Beach Barbecue at 5 p.m. Entertainment by Terry Cassidy. BBQ chicken, ribs, baked beans, and cole slaw. All for only \$10!

Navigator's Grill serves hot food from 11 a.m. to 8 p.m. Monday through Thursday, 11 a.m. until 7 p.m. Fridays, and 11 a.m. to 4 p.m. on Saturdays and Sundays.

Navigator's is located at the Boca Chica marina. Call 293-2468 for more information.

MWR Graphics

Graphics is located in Bldg. A-350 with the Landing Zone and features distinctive NAS embroidered t-shirts, tank tops, and ball caps. Also, custom made coffee mugs and plaques. Call 293-3155 for more information.

Air Lanes Bowling Ctr.

Active duty personnel get their first game free Mondays through Thursdays from 11 a.m. to 1 p.m. when they eat lunch at the Runway Grill. Second games and up half-price, and there is no shoe charge.

Saturday Penny-a-Pin bowling from 11 a.m. to 1 p.m. All games 1 cent per pin, 300 game is free. For military and dependents only. Maximum of \$1.50 per game. Call 293-2976 for more information.

Runway Grill

Located in the Air Lanes Bowling Center, the Runway Grill serves Mondays through Fridays from 11 a.m. to 10 p.m. Saturdays and Sundays it's open from 11 a.m. to 2 p.m. and 4 to 7 p.m. Breakfast every Monday through Friday from 7 to 9 a.m. Call 293-2116. Weekly lunch specials \$4.75 and served from 11 a.m. to 1 p.m.

All meals served with vegetables, salad, dessert and a drink.

Trumbo Point Water Pk.

Water park slides - Sunday only noon - 5 p.m. Laps and swimming - Mondays, Tuesdays, Wednesdays, Fridays, and Saturdays 10 a.m. to 5 p.m. Closed on Thursdays until summer.



Sailors who were once stationed aboard the Oriskany (CVA 34) reminisce about their days aboard ship. Known as the "Big O," the carrier was highly decorated veteran during conflicts in Korea and Vietnam.
U.S. Navy photo by JO1 Jackey Bratt

Oriskany 'reefed'

continued from page 12

Protection Agency (EPA), Florida's Fish and Wildlife Conservation Commission, the Escambia County Marine Resources Division and the local Pensacola area community since 2003 and has conducted several scientific studies that demonstrated that ex-Oriskany would create an environmentally safe artificial reef.

The ex-Oriskany was the first ship to be environmentally prepared using the EPA's "Best Management Practices for Preparing Vessels for Use as

Artificial Reefs," and is also the first ship to receive a risk-based Polychlorinated Biphenyl (PCB) disposal approval from the EPA based on the agency's findings that the reefing would not pose an unreasonable risk of injury to health or the environment.

A few days before the scuttling event, a Navy Explosive Ordnance Disposal team placed explosives and detonation equipment on 22 sea chest pipes and valves inside the ship, which were armed the morning of the sinking.

Ownership of the vessel transferred to the state of Florida as the ship landed on the ocean floor. A 2004 Florida State University study estimated Escambia County would see \$92 million a year in economic benefits from an artificial reef.

The Navy will start to offer additional ships for artificial reefs later this year.

Anti-spyware

continued from page 2

ftc.gov. Spyware is software that monitors or controls the use of your computer. It could send pop-up ads, redirect browsers to certain Web sites, or even record your keystrokes. A pop-up ad could even try to trick someone into typing in bank account information, leading to identity theft.

Users may also be able to get the software through their respective Automated Data Processing offices.

"ADP can burn the software to a CD for the user to take home," said Information Systems Technician 1st Class (SW) Eric Rucker, an information security officer for Navy Computer Defense Operations Command (NCDOC).

"Once the software is downloaded at home, it will automatically update periodically. With the amount of people that use e-mail and zip drives to bring work home and back, the risk of bringing spyware to work is much greater, and

that could create weakness that may exploit DoD computers.”

Steve Saunders, a Network Security Analysts for the NCDOD, said that spyware infection throughout 2005 has become one of the pre-eminent security threats to computer systems. He said that spyware is even able to masquerade as security software while actually doing damage.

Saunders expressed caution should be exercised when visiting Web sites if pop-ups start appearing, or if a users' computer starts showing constant or required requests to install browser components and other applications.

"Any offer for free software, or 'upgrades' by big names is another thing to watch out for," Saunders said. "The best thing to do is to go to a company's registered Web site to get the legitimate downloads available."

“Professional analysts have found that survival time of a brand new computer, just connected to the Internet, is 18 min-

utes," added Saunders. "Out of 6 trillion IP addresses out there, that is like a blink of an eye."

To download the free anti-spyware software, go to the DISA Web site at <https://iase.disa.mil/sdep>, or the Navy's Information Assurance Web site at <https://infosec.navy.mil>. At the INFOSEC site, click on the COMPUSEC tools tab and scroll down to the anti-spyware link, second from the top. The software can then be saved a local hard drive for writing on a CD-ROM or other portable media for home use. Users must be on a ".mil" workstation to download the software.

For more information about spyware and other computer security threats, go to <https://infosec.navy.mil>, or call the NCDOC 24/7 hotline at 1-888-NAVCDOC.

NCDOC is part of NETWARCOM, the Navy's type commander for Information Operations, FORCENet, networks and Space.

Based in Norfolk, Va., the command is the central operational authority responsible for providing ready Information Warfare forces, which are fully trained, properly manned, interoperable, well maintained and supported within the Navy.

Forward deployed

continued from page 13

why not take advantage of these incredible positions?

Taking on one of these challenging and rewarding billets may offer you and your family some extra money and great quality of life, but you'll also be rewarded with one of the most satisfying experiences of your life - experiencing a new culture.

For more information on overseas duty contact your career counselor and detailee. Another great source of information is to speak to someone who has been stationed overseas, I think you will find most all agree it's a great experience.

I know I enjoyed it!

Fleet Tip: As always I want your input. Please let me know what you think about this topic, any others I have brought up, or what I should bring up. You can always reach me at cpf.fleetfeedback@navy.mil.



NAS KEY WEST

MEMORIAL DAY WEEKEND

Saturday, May 27, 2006

10TH ANNUAL DOLPHIN DERBY

Cash Prizes! Youth Prizes!

Weigh-in will take place Sat. May 27th at Boca Chica






CAPTAINS MEETING

AT LEAST ONE REPRESENTATIVE FROM EACH BOAT MUST ATTEND!

Deadline for registration is Friday May 26th, 2006. * Entry Fee is \$100.00 per boat.


For Information Call Tami or Chris at Sigsbee Marina (305) 293-4434 (DSN: 483-4434)

The NAS Key West 10th annual Dolphin Derby is open to all military personnel, retirees, DoD, dependents, and DoD contract personnel.

MOTOR VEHICLES/RVs

1979 Dodge motor home. 46,600 miles. Must sell immediately! Drastically reduced to \$4,000. In Navy and being deployed. Runs fantastically. Call Lynn at 305-619-4080.

2001 Honda Accord. 4 door, 20" chrome wheels, two JL Audio W6, Alpine CD player. Custom speakers. \$12,000. Call 296-1468.

2005 Chevy Z71 Quad Cab. White, brand new condition, 10K miles, Z71 off-road package, tan leather, 6 disc CD, XM, bucket seats, tow package. Must sell, PCSing overseas. \$29,000. Call Adam at 360-7166.

2004 Nissan Altima S, brought down after the hurricane, 35,000 miles, good condition, \$14,500 or best offer. Call 305-849-9004.

2003 Yamaha YZF 600R. 6,500 miles. \$4,500. Call Glenn at 305-797-2581.

For sale or trade for a nice boat. 2004 Dodge Dakota Sport. V6. Like new, less than 10,000 miles. Great buy at \$11,500. Call Joe at 293-2915 or 294-6054.

BOATS AND ACCESSORIES

2005 23'Yamaha SX230. Includes: transferable extended warranty, very low hours, galvanized twin-axle trailer, OEM water-resistant cover, JVC removable face plate CD/AM-FM stereo w/remote control, depth finder, swim platform, no-wake push button, Coast Guard safety package, seats 10 persons, Sunbrella bimini, marine grade aqua mats, dinette table, 15 storage compartments, ski locker and more. Specs: Twin Yamaha 140hp MR-1 DOHC 20-valve engines equaling 280 hp; Length 23'0" deep-V hull; Beam: 8'6", Draft: 16"; Dry Weight: 2,900lbs; Fuel Capacity: 50 gal, engine Type: 4-Cylinder 4 Stroke; Fuel: Regular Unleaded; Transmission: Direct drive from engines. Better than new at only \$29,500. Call Robert (305) 509-1135 or e-mail at iamcatch@comcast.net

MISCELLANEOUS

6 x 12 enclosed white trailer with motorcycle chock installed. Four tie down points and straps. Great condition. Call Ryan at 305-879-0333.

Yamaha Model PSS-270 electronic keyboard. PortaSound Voice Bank, 49 keys, works great - in good condition. The keyboard has 100 voice/tempo sounds. Rhythms include 8 beat, 16 beat, country, samba, bossa nova, disco, march, swing, 12 beat and waltz. Two auxiliary outlets, one headphone outlet and one a/c adapter outlet (optional NOT INCLUDED). Includes wooden carrying case, also runs on 6 C batteries, \$60. Five-piece metal outdoor dining set. Round table and four chairs, has center hole for shade umbrella (not included). Retail new for \$190, used for \$90. Has weathered three duty stations-needs sprucing and cleaning. Call 305-393-9557.

Solid oak headboard. King/queen size solid oak headboard with light, mirrors and storage. Paid \$300, asking \$175. Ask for Roy at 305-240-1467.

Whirlpool washer and dryer. Only a year old. Purchased 3-year warranty for both. \$550 for both or willing to negotiate a price. Please call Christina at 305-293-2165 or 619-757-9972. Need a home before June 1.

Day bed with trundle. Darker wood, gold trim with Sealy mattress. Metal trundle. Have flowered comforter set from Bed, Bath and Beyond. \$200 or best offer. Black leather chair with ottoman, \$75 or best offer. Call Cher at 305-522-5136.

Moving sale! Two four drawer dressers. Solid oak and perfect for baby's/children's room. Excellent condition. \$70 each. Two microwave ovens. One black Sharp Carousel and one white Quasar. Both excellent condition. \$45 each. Boy's 17" bicycle in good condition, \$20. Call Karen at 296-4361 or 305-304-4732.

Maroon leather Lazy Boy recliner, \$300 or best offer. Small round dining room table with four chairs, pine and white, \$150. Leaf blower (backpack style), \$100. Weed Eater with vacuum attachment, \$100. Fish tank, five gallon, all equipment, \$100. Call Mrs. Heatherly at 797-2804. Items in Big Pine.

Two mountain bikes, two conch cruisers. Call 292-0702.

Electric guitar with amp for sale - Viper 100

ESP olive green Full Electric guitar, very few blemishes, some writing near the base, but works great. Comes with amp, picks, slide, and study guide. Everything needed to start playing. Will let go for \$180, call Chris or Jeaney at 305-295-6112.

Queen sized bed. Sealy box spring and mattress only used for three months. White headboard and footboard along with rails, all needed is eight screws. Will sell for \$125 or best offer. Call Chris or Jeaney at 305-295-6112.

In great condition: Futon couch/bed/cover; Eureka vacuum cleaner; 19" Sony and 15" Phillips TV; Sony and Sylvania DVD/VCRs; Attractive 3-piece tall dresser set (solo or as set-cream color with shell etchings); Panasonic stereo speakers; antique chaise lounge - metal or wicker; juicer JKE-211; steamer - Black and Decker; attractive 5x7 area rugs; complete computer set up, paid \$1,165, includes Dell-2400 Series, Intel Pentium 2.66GHz, 80GB 7200 RPM, Ultra ATA hard drive, 56K PCI data fax modem, 48X variable CD-ROM drive, 48X Max CD-RW drive, 17: midnight gray monitor, A960 all-in-one printer, plus lots more, Come see and make offer. All items on porch for viewing Sat./Sun. 8 a.m. + or by appointment. Call 295-7684.

Kenwood navigation/DVD/TV. 7.5-inch motorized touch screen, 10 screensavers, surround sound, three outputs, rear view camera, iPod hookup. Brand new, paid \$1,500, asking \$900. Call 305-296-1468.

Moving, must sell 6-month old mini dachshund. Female, long hair - brown with black. \$300. Call Jim at 942-9296.

Ashley furniture. Solid wood table with extension and six Windsor chairs. \$250. Call 293-2189 or 797-4382.

Four love birds, two green with peach face, one green with brown face and one yellow with red face. Nesting boxes, toys, feeders, food, and extra large cage. All sold together, \$375. Small birdcage with feeders, \$20. One medium size birdcage with feeders, \$40. Call 305-295-9608.

Three tier waterfall pond, handmade and in good shape, but too heavy for our HHG. Moving May 8, must find it a new home. Only \$20. Call Janelle at 305-395-9150.

Bikes. Fugi Shangri La, very good condition, collectors item. All bamboo, both men's, with baskets. Make offer. Call 292-0702.

Moving sale! 2nd story home. No hurricane damage! Formal living room complete set, never used, paid \$3,500, asking \$1,500. Dining table and six chairs, \$200. Wood entertainment center, \$200. Family room couch and oversized chair, \$300. Everything must go! Call 744-0647 or 849-2848.

1985 small block 350 Chevy. 4-bolt main bored .030 over. \$300 or best offer. Call 360-3795.

ROOMMATE WANTED

Share Old Town conch house. Wood floors, 2BR, 2BA, D/W, W/D, new kitchen, central A/C & H, private yard with pool on Petronia and White. \$1,200 plus half the utilities. Call 393-4228.

FOR RENT

Walk to Duval! Second floor efficiency in Old Town conch house. Full-sized bathroom, full-sized kitchen, large living/bedroom area. A/C, shared W/D, shared back yard. Rent includes basic cable, utilities (except phone) and wireless Internet access. No drugs and no pets. Available approximately 1st week of June. Six month or one year lease preferred. \$1,175 per month. F/L/S negotiable. Call 797-8560.

Two-bedroom house in Old Town. 2-bed/1 bath in excellent location. 1,100 sq. ft., W/D, central air, fenced yard with deck and hot tub. Pets allowed. \$2,000/month plus utilities. \$500 security deposit; last month's rent waived for military personnel. Call Kathy at 305-978-8478.

All new in mid-town. 2 bedroom/1 bath in mid-town on Fogarty. Convenient to shopping and Trumbo Point. Private yard with covered patio, A/C, shared W/D. New renovations inside and out, all new appliances. \$1,800/month includes utilities. Pets negotiable. Call Geri at 296-4695.

Waterfront condo in Sunset Marina gated community. 2-bedroom/2-bathroom condo on the top floor, sunset views from your balcony, open water boating access, pool, hot tub, clubhouse. Covered parking included, W/D, storage room. Available now. \$2,500 per month. Call Rick Lively at 305-797-7233.

Remodeled 4-bedroom/2 bath home. No wind or water damage from hurricanes. Gourmet kitchen with all stainless steel appliances, including a six burner gas range and oven. Separate dining room. 14' x 17' master bedroom with peaked ceiling. Master bath with dual shower heads and Jacuzzi-style tub. Brazilian cherry flooring throughout. Ceramic tile floors in both full baths. All new wiring. New metal roof. Large front porch. Rear deck overlooking in-ground, heated pool. Separate utility room with full size stackable washer and dryer. 60' x 105' lot. Property is fenced for security and privacy. 2827 Staples Avenue. MUST SEE. \$3,200/month and F/L/S. Call 797-6814 for appointment.

Canal-front 3 bedroom/2 bath newer home on Cudjoe Key. Big yard and a quiet neighborhood. Easy boating to both Gulf and Atlantic. \$1,900/month. Annual rental. Small pets acceptable. 305 304 9233. Available June 15.

Cudjoe Key home on canal. Two bedroom/two bath. Pets ok. Privacy, fenced-in yard, half enclosure downstairs. Ocean access. Large shed, covered parking. All new upgrades. \$2,000 per month. F/L/S negotiable. Call 849-4302 or 745-1387.

Sugarloaf: Two bedroom/one bath furnished cottage. Available June 1 - Nov. 1. \$1,300/month plus utilities. Call 305-304-7959.

Until Nov. 15. Newly renovated, 1 BR apartment fully furnished, second floor, A/C. Quiet, clean, bright, and near beach (Atlantic Blvd. Area). \$1,150 includes utilities. Call 296-9484.

For rent on Sugarloaf: 2 bedroom/1 bath furnished cottage. Available June 1-November 1. \$1,300/month plus utilities. Call 305-304-7959.

2 BR/2 BA, new condition, large porch, spacious rooms, large fenced yard. Central A/C, W/D, D/W, and off-street parking. \$1,600 per month. F/L, \$1,000 security plus utilities. One year lease. Call 797-0621 for appointment.

2 BR/1 BA spacious second floor apartment, like new, central A/C, W/D, off-street parking, \$1,600 per month. F/L, \$1,000 security plus utilities. One year lease. Call 797-0621 for appointment. No pets.

New Town, 20th St. 3/2 updated throughout the whole house. Big back yard, fenced, plenty of parking (must see!). \$2,600 per month. No F/L, security deposit for military. Call 786-797-5430.

Stock Island on 9th Ave. and Cross St. Brand new. 3/2 updated house, plenty of parking. \$2,000 per month. No F/L, security deposit for military. Call 786-797-5430.

3 BR/2 BA condo in Key West. Ocean view condo across from Smather's Beach. Two pools, two tennis courts, W/D, gated community. Condo has survived hurricane with no damage. \$2,500 per month, available July 1. Call Erik and Susan Halvorson at 305-295-6120.

2 bedroom/1 bath, unfurnished downstairs apartment. Remodeled, immaculate cottage. Side yard. No pets/no smokers. Rent includes sewer, water, and garbage, \$1,800 per month. First/last/security to move in. Available immediately. Call (435) 655-1321.

3/2 unfurnished stilt house on Big Coppitt (MM 10), built in 2004. Safe, quiet neighborhood, easy access to Key West, central A/C, security system, beautiful kitchen, balcony, carpeting throughout, new metal roof, sliding hurricane shutters on all windows, spacious, spotless, high and dry! Yard requires very little maintenance. \$1,950 per month. If interested, please call 292-1382.

Key West pets allowed - no flood damage. Casa Marina area unfurnished 2BR/2BA duplex. W/D hookup, front and rear decks, private yard and entrances and offstreet parking. Available April 15, \$1,600 per month. Low utilities. Call 239-269-5634/239-269-5632.

HELP WANTED

Summer camp help - Gymnastics/cheer coach position available at Flair's Island Gymnastics. Contact Karen at 305-942-1355.

“Work in Style” Banana Republic is looking for Sales/Stock/Support staff for their Duval Street location. Flexible shifts. Fun environment. Great opportunity for military personnel and/or their family members. Employees get a great discount at Banana Republic, The Gap and Old Navy. Apply in person at 501 Duval Street.

Art and retail sales. Gallery featuring renowned artist Guy Harvey. We are in search of an outgoing, mature, and professional individual. Competitive hourly rate plus commission. Call for an appointment 304-4046.

Sitter needed for evening time 5 to 10:30. Days needed are Thursday, Sunday and every other Saturday. Two children, 6 and 10 years old. Pays \$10+ an hour. Please call Dawn at 305-304-0624.

Retail sales, part-time. Perfect position for retiree, dependent, or a little extra cash. 2-3 days a week, 10 a.m. to 6 p.m., \$10 per hour to start. You must be personable, dependable, work well with the public, and pay attention to detail. Non-smoker preferred. We will train. Experience in retail sales a plus. Call 296-2369.

ITS Corporation is a technology firm exclusively supporting the federal government. We have an immediate opening for a full time computer technician in Key West at a U.S. government facility. The ideal candidate will have 3-5 years of experience in computer repair and maintenance of desktop computers. Networking experience is a plus. Must have excellent customer service skills and a pleasant, outgoing personality. Resumes should be sent to billb@itsfed.com or faxed to 251-986-5647.

NAS Key West Ombudsman. Possess maturity, judgment, discretion, reliability, and a positive attitude. Candidates should understand and support the Navy and command programs/policies. Must have time, dedication, and commitment. Call Debbie Place at the FFSC on Sigbee at 293-4408 ext.17.

Help is needed at a local resort for security officers. Great pay with flexible shifts and hours. Must be flexible and willing to work at least one weekend day a week. Apply in person at AIMD Key West or call 305-293-2281 or 2383 and ask for Joe Postell or Dean Fulco.

SERVICES

Free wine tasting! Want to learn more about wine? Host a wine tasting with The Traveling Vineyard! I bring the wine and glasses - you invite your friends. We'll taste wines, learn what foods to pair them with, and have fun! Great for girls' night, singles mixer, or a couples' social event! Contact Kim at (305) 923-1193 or e-mail vineyard2you@yahoo.com for more information.

Sacred Touch Therapeutic Massage. Low military rates - \$60 for one hour. High quality bodywork. Call 305-766-8548. Brigitte Shiveley, LMT, Lic.# 36249.

Black Dragon Martial Arts Key West. Want to learn how to defend yourself? Martial Arts is a great way to do this as well as get in shape and relieve stress. We are currently teaching Judo/Jujitsu on Fridays and Kendo on Tuesdays from 6 p.m. - 7 p.m. The first class is always FREE and monthly fees are only \$50 per art (Judo and Jujitsu are considered one art). All classes are adult/teen only at this time, but kid's classes will be available in the near future. Private classes and seminars are available. For more information please contact Sensei Thomas Mulhall at (954) 214-9911 or e-mail BlackDragonMartialArtsKW@yahoo.com.

Fins Charters - Shallow water sight casting for tarpon, sharks, permit, and bonefish. Fish the crystal clear waters that surround the beautiful Florida Keys on an 18' Action Craft. Licenses, quality rods, and bait included. Contact Captain Pete Peterson at 745-2562, 305-304-8918, or contact the MWR ITT office. Military discount available for active duty and retirees.

Mary Kay Cosmetics Consultant available

for product information, product ordering and demonstrations for parties up to six people. Book your girl's night our party today! Please contact Heather at 305-240-1431 for more information or to schedule a party.

Keys Pet Sitting. Experienced with all types of animals, local references provided, military discounts. Please call Emily at 561-951-8962.

Cleaning services - offices and homes. Key West. Call 305-296-3869.

Pampered Chef. If you need products or would like to schedule a cooking/catalog show, please call Dee at 305-295-2715, or visit my Web site at www.pamperedchef.biz/danitaskitchen.

Herold Home and Office Cleaners. Take advantage of one of our many cleaning services. We offer one time cleaning service for those days when your schedule is too full to fit in house cleaning needs. Regular cleaning services are available on weekly, or bi-weekly basis. We also do cleaning for your move out inspections! Call for a free estimate. 305-294-8111.

Let me sell your stuff on Ebay. Complete digital photography, listing and shipping of your items. Clean out your closets for cash. E-mail Jim at brooks_44@msn.com or call 872-7050.

American hand-crafted baskets, pottery, wrought iron, and food mixes and dips. We have everything you need for organization and entertaining while making your home more beautiful. Call Tiffany Faver, Home Consultant at 305-292-0906 or e-mail greatscot11@hotmail.com.

Pampered Chef: If you are looking for products or would like to host a catalog/kitchen show, call Michelle at 240-463-3266.

Travel deals - Big trips, 3-day getaways, 14-day exotic adventures. Trips by sea, air, you name it. I can get you where you want, how you want, and at a price everyone wants. Visit www.onlinetravelprices.com or contact Rich Segarra at 757-450-4190 or e-mail info@onlinetravelprices.com.

Travel the world with a full bank account. Start your own online travel business. For more information call Rich at 757-450-4190 or e-mail info@onlinetravelprices.com.

Retired military person owns local hangout that features numerous national, international, and local bands. Military with ID receive happy hour prices and 20 percent off food. For more information call the ITT office at 293-4173 or call the Big Pine House of Music at 305-872-9000.

Mobile car wash. Call us for all your car cleaning needs. Cars, boats, and trucks. 305-923-1897.

Get a FREE webstore and earn commissions. Visit www.radhoff.freestoreclub.com to find out how.

Acrylic nails and Mary Kay cosmetics. Call 896-1900.

Laundry drop-off service, only \$5 a load! Truman and Grinnell, Mon. thru Sat. 9 a.m. to 5 p.m. Call 304-5981 for more information.

Tutoring: Florida certified teacher-tutoring for grades 1 - 5 math, reading, writing, or homework help. Trumbo Point home. Adult must be present. Call Michelle at 305-293-3767 for more information. Beginning July 18. Weekends/weekdays.

Incognito light tackle sportfishing-reef, wreck, offshore, harbor. (305) 292-0067, (305) 304-0093.

Scuba tank inspections. Get your tank ready for the dive season. Visual inspections - \$15. Includes air fill. Call Elisa at 295-9117.

NAS KEY WEST CLASSIFIEDS are free only for active duty and retired personnel, their families and civilian base employees. Deadline for submission is noon on the Tuesday prior to the Friday issue. Submit to the NAS Key West Public Affairs Office: Mail to Public Affairs Office, P.O. Box 9001, Key West, FL 33040-9001; fax to 293-2627; or e-mail to dennyann@naskw.navy.mil. Unless otherwise directed, ads will run for four issues. Name and phone number must accompany all requests in order for them to be considered for publication. For more information, call 305-293-2027.